

CATEGORY: Health and Safety Policies and Procedures

DATE: September 2016

SUBJECT Emergency Health Plans, Allergies, Special Dietary and Feeding Plans

REVIEWED: March 2023

APPROVED BY: Shemina Ladak, Executive Director



Policy Statement

The Emergency Health Plans, Allergies, Special Dietary and Feeding Plans must be created in consultation with the parent/guardian of the child as defined in the Child Care and Early Years Act, 2014.

Purpose

The purpose of this policy and the procedures outlines within is to provide clear direction for staff, students, and volunteers to follow in the development and management of Children's Health Emergency Plans, if required. It will also ensure that allergies, special dietary and feeding issues are documented, posted and filed in the required locations.

Policy and Procedures

1. Managing Children's Emergency Health Plans

If a child has an identified health condition that may require emergency attention, a **Child Health Care Plan** will be developed prior to the child's start date. This plan will be developed in collaboration between parents and CICC staff.

Training by parent or medical professional will be requested by Centre Manager if needed.

Health conditions may include Seizure Disorder; Asthma; Diabetes; Allergies; G-tube feeding etc.

Parents will be asked to provide information pertaining to the child's health, diagnosis, medical needs, medications, allergies, specific procedure or daily care needs, signs and symptoms of an emergency and action required, their child's doctor's name, address and phone number, emergency contact names and phone numbers.

Parent will review and sign off on emergency plan developed by centre staff.

2. Allergy, Food Restrictions and Medical/Health Postings

Ensure that allergy, food restrictions and medical /health issue lists include the names of children and their respective allergy, restriction or health issue i.e., seizure, allergies, feeding

restrictions or instructions, etc.

Allergy Lists must be posted:

- in kitchen
- in each classroom, story room, Snoezelen rooms, and gym
- on attendance clip boards carried by classroom teachers

Emergency plans are posted in each room the child uses. A copy of the Child's Health Plan will be filed in:

1. the child's IPP in the classroom
2. the child's file in the office
3. the Emergency Binder

Special Dietary and Feeding Arrangements

Parents who choose to provide snack for their child must provide this intent in writing to the school and must adhere to any current food restrictions in the preschool (i.e., food allergies of other children). A discussion may also be necessary to ensure staff have specific instructions regarding the meal. These instructions will be included in the child's file and noted on the Allergy, Food Restrictions and Medical/ Health Postings. Food/drink must be provided in a cooler with an icepack to keep food from spoiling and bag and containers must be labelled with the child's name.

In the event of an emergency and children are evacuated to CICC's evacuation site, food brought in by parents related to medical diets such as ketogenic diets will be carried by classroom staff or centre manager.